b-Calm Evaluation
Elementary School Trial

Received: 20 January 2009

Evaluator: 3   **Student (first name only):** Sarah

Age: 7   **Grade:** 1st

Diagnosis: Autism Spectrum

Purpose Used: Relaxation, Calming down after escalation

# of Times Used (or duration): Once

Reason(s) for Initial Use:
Calming down after escalation.

Observations Before Use:
Escalated, non-compliant

Observations After Use:
Calm, listened to directions

Overall Effectiveness: 9

Additional Comments: It really helped her calm down. She said that she thought she fell asleep!